



CYCLING WITHOUT AGE NAPIER TRUST

3rd Annual Performance Report 2024



Cycling Without Age Napier Trust

Annual Report for the year ended:

31 December 2024

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Where everyone feels included.

Inclusivity builds stronger communities.

Cycling Without Age emphasizes inclusivity by welcoming people of all ages & abilities to participate. In doing so, we create bonds that bridge generational divides & strengthen the fabric of society.

Who are we?

We are the local Napier Chapter of Cycling Without Age.

We put into practice the CWA Vision to provide at no cost, recreational rides on trishaws for older, or low mobility citizens & others socially isolated by illness or disability within & around Napier.

Being able to get outside is something that many of us take for granted, whether that's part of our daily commute, to do a bit of physical activity, or simply to enjoy the fresh air. For many people, however, mobility issues & other barriers can limit them being able to get outdoors. People living in rest homes can be particularly affected, as getting outdoors regularly can prove challenging.

This program is unique because it differs from the traditional understanding of

cycling, in which the bike ride is a form of physical exercise. CWA goes further & gets to the essence of bike rides by focusing on the surrounding effects of riding a bike, such as connection with nature, feeling wind in the hair, visiting the community, waving at neighbours & seeing the comings & goings of the town, along with experiencing various scents, sounds, & sights.

Our trishaw rides are adventures, not to get from point A to point B, but rather a time to relax, to enjoy & reconnect with people, to foster relationships & experience happiness.

Cycling Without Age isn't just about bike rides; it's about fostering community connections

CWA CYCLING WITHOUT AGE:

OUR VISION – “The right to wind in your hair”

Cycling Without Age Dreams of creating a world together, in which the access to active citizenship creates happiness among our fellow elderly citizens.

OUR MISSION – “To build better lives.”

To provide our Napier elderly with an opportunity to remain an active part of their local community &:

- be able to feel the wind in their hair,
- experience their community up close from the trishaw,
- give them the chance to tell their stories & relive their memories,
- build connections between generations, reinforce trust & respect,
- for everyone to feel valued.

Our rides reconnect seniors with their community & by doing so, improve their health.

We embrace the CWA Guidelines (refer page 9) & the positive aging concepts, that attitudes shape aging experiences & a positive mindset leads to better health & life satisfaction. Physical, cognitive, emotional & social wellbeing all contribute to successful aging. CWA trishaw rides have been well researched & the health benefits documented.

When asked how the rides made him feel, he answered “Free”

CYCLING WITHOUT AGE FACTS

As of January 2025

- Invented in 2012 in Copenhagen
- Active chapters in 41 countries
- Starting up in 20 countries
- 3,500 chapter locations
- 6,000 trishaws
- 43,000 trained cycle pilots
- Over 5 million rides and over 1.5 million people served
- We operate in a grassroots fashion and invite everyone to join us
- “The right to wind in your hair”, coined by a visually-impaired passenger

WORDS FROM OUR CHAIR, TRUSTEE ALAN WHITE

Firstly, I would like to thank our dedicated volunteer Pilots of CWA Napier Trust for devoting their time to share bike rides with the elderly & disabled in our community.

In 2024 they carried 421 passengers, up from 355 in 2023. By giving freely of their time, they share the joy that is part of every bike ride CWA undertakes to build better lives.

We are so fortunate in our volunteers. Their willingness, kindness & empathy provide joy to the passengers they carry.

We are especially grateful to our loyal crew of original pilots Valerie, Barbara & Dawn, who continue to support the Trust, since the first ride in June 2022. We recognised their dedication this year, awarding our 2 year Service Certificate honouring their commitment since the Trust's earliest beginnings.

In 2024, we welcomed new volunteers, Phil, Harry, Trev, Ashleigh, Ranil, Simon, Tony & Christine to join our dedicated pilot crew of Charlie, Rod, Dawn, Valerie & Barbara. Sadly we farewelled Julie, Evan & Simon moving on to travel overseas or to other activities.

2024 was to be a year of consolidation for the Trust, but it turned out to be a very active year. Starting in January was the development of our new database with its introduction in February, followed by a March implementation of the mobile app for our pilots.

An Agency event in Anderson Park was successfully trialled with Multiple Sclerosis Society (HB) members in Anderson Park on a beautiful day in April 2024. The fun & joy experienced was memorable



Finally in May, the "2023 ordered" Van Raam VeloPlus wheelchair trishaw arrived & we started to learn how to use this trishaw & its winches.



We held a naming competition & the chosen name suggestion was "Joy", which we

all agreed describes one of our many passenger outcomes. We celebrate that we can now accommodate wheelchair passengers who could not join in before due to inability to access the triobikes.

For the first time, CWA Napier went into a winter recess, between late May to August based on the weather patterns & seasonal temperatures being too cold for our elderly community.

Our passengers live in warm secure residences & the service we provide is a "fair-weather" undertaking for the elderly.

A review of rides in our first 2 years of operation revealed many cancellations in the May to September period & the decision was made to give our pilots a well-deserved break.

Two of our pilots decided to have a "busman's holiday". In July Pilot Val visited the Helix Hub outside of Falkirk, Scotland, which features the Millennial project, 'The Kelpies' & Pilot Alan visited Perth & Adelaide CWA chapters in June.

Both took the opportunity to take rides with the respective chapters which provided interesting insights into how other chapters work in different social & funding environments.



In July, we attended, the EIT Community Connect Day, seeking potential student pilots. We were very pleased to welcome Ranil to our team following this promotion and



August saw the arrival of our specially branded Marquee, just in time for hosting our first event along Marine Parade, with residents from Taradale Masonic Care & Rest Home.

August was the month we started to design our website which was launched in September & in the same month we presented CWA to Napier's Grey Power attendees, taking a triobike along so that these seniors could see up close how comfortable our "couch on wheels" truly is.

At the other end of the age scale, & still in September, the Trust took part in the very successful Glow Fest evening in conjunction with the Taradale Business Association. Children & adults had a chance to see & ride the triobikes all decked out with glow lights.

Our pilots that night were Charlie & Barbara. Both showed their triobike



mass of "lit up glowing" children.

In 2024, our pilots & trustees actively contributed 2066 volunteer hours to the Napier community.

In November, we hosted Disability Training Services (DTS) Epic Pathways in Anderson Park. This was the first time we had used "Carrie" our newly branded Cargo bike, donated to us by True North Supply Chains in Auckland.

Being surplus to their requirements, it is a treasure to us, providing plenty of space for our triobike tools & chilled space for our food & water provisions. Napier days had been so hot that providing iced water has been a delight for all. Our event with DTS,



proved to be so successful & enjoyable they have already had a second outing in 2025.

Our final activity in 2024, was participating in Napier's Christmas Parade, with our trishaws festooned with Christmas garlands. What a fun time we had with our Pilots donning Christmas costumes & hats with our decorated full fleet of bikes: Maggie, Nola, Joy & Carrie.

Our passengers were 'Santa's helpers' children, loving every moment.

It was over too soon!



In closing, thank you again to our Pilots. Without you, the Trust cannot exist. The rides you provide are truly valued by your passengers & their communities. Your ongoing contributions & the time devoted to rides brings joy to so many.

I would also like to say thanks to my incomparable partnering Founding Trustee, Liz who is our Treasurer, coordinator, business manager & back office guru, developing all the tools we Pilots need & who keeps the Trust wheels rolling.

Our Spotlight this year is on our local funders, donors & supporting organisations without which we would not have our Charity up & running with 3 Trishaws, we thank you.

We value your support as we look forward to another year of providing safe, slow, fun rides to our Napier community in conjunction with Rest homes, NCC Retirement Villages, independent citizens & Agencies associated with social support services.

Pilot training continues as a constant need as volunteers come forward.

If you feel you would like the opportunity to try it out, I encourage you to give me a call & give it a go.

Alan White
Cycling Without Age Napier Trust Chair

The Impact of Cycling Without Age Napier Trust

Small acts can have a big impact.

What started as a simple idea in Copenhagen, Denmark has blossomed into a global phenomenon. It's a reminder that even the smallest acts of kindness and generosity can ripple outwards, creating waves of positive change, the butterfly effect.

We at Cycling Without Age Napier Trust do not underestimate the power of our actions, every act of kindness counts. At its core, Cycling Without Age Napier Trust is about serving others. By prioritising the well-being and happiness of those less able to be physically in the community, we can inspire others to join us in making the world a better place, one ride at a time.

Together, we continue the legacy of 'Cycling Without Age' and create a world where everyone, regardless of age or circumstance, feels valued, connected, and empowered.



Alan White & Liz Barrett
Trustees

CWA Napier is “changing lives one ride at a time”

NAPIER COMMUNITY FEEDBACK FROM FACEBOOK

This is an awesome thing Alan has started for getting the elderly out in the fresh air.

My Dad has been a couple of times & this week I had the privilege to go with him on his 96th Birthday.

Thanks Alan, keep up the good work.

How absolutely awesome!!
So happy for you all & the hundreds of miles & smiles made

Wonderful idea, what a great way to get your elderly out & about

You do a wonderful job, we are extremely grateful for the hard work you have put into creating Cycling Without Age Napier, New Zealand

We love seeing them go past our house on the way to the park

This is what our village needs

The passenger in the photo is a client of mine. She told me that she absolutely loves going out on the bike

I sooo... love seeing our residents out enjoying themselves. It also gives them a lot to chat about.

That's awesome, I see them doing this....the old people line up for their turn, love it!

Love this, Keep up the good work

Wow, that is amazing - well done

So Cool!!

VOLUNTEER ENGAGEMENT – OUR PILOTS

CWA Napier's ability to provide free rides to the older, low mobility citizens & others socially isolated is solely reliant on the passion & commitment of our volunteer pilots.

Volunteers are trained following a specific & documented training program, which involves significant familiarising time on the trishaw, before they are eligible to be a pilot.

How does it work? It's all driven by people's own motivation. Pilots sign up for bike rides with the elderly as often as they want through our booking system 'BOOK2GO'.

We respect our volunteers' time given to undertake their rides, so once trained, pilots are asked to contribute a minimum of 2 hours per month, although most do 2 hours per week.

Often special friendships are formed between a specific pilot & their passenger. Some passengers look forward to the regularity of seeing the same pilot & we find our seniors, in particular like the predictability of familiarity, which forms deeper connections. Usually a ride will be 30 to 45 minutes, depending on the capability & wishes of each passenger.



CWA Napier's operations are currently centered in Taradale, Greenmeadows, Marewa & Pirimai areas. This is primarily due to proximity of where the trishaws are kept which allows for timely continuity & ease of service. The ride is a specified route adjacent to their home,

rest home or Napier City Council Village in which the passenger resides.

Our routes all benefit from the use of social & natural spaces, such as Anderson Park, Tareha Park, Bledisloe Park, playgrounds, the ocean along Marine Parade & cafes if adjacent to the specified route.



The routes are 'naturally' engaging & have evolved over time, creating the sharing of local stories & prompting memories. During the bike ride, pilots do keep focused on the way ahead, allowing time to slow down & mention to their passenger of a potential 'bump' ahead to avoid a surprise.

The parks & the local Taradale shops provide an opportunity for social interaction with shoppers & park visitors, such as dog walkers. All are keen to stop & chat, because they can, as the pilot & passenger are "present in the moment" & take time for these encounters to occur.

Being a part of the CWA program gives the volunteers a sense of purpose, the feeling that they positively contribute to the lives of older adults.

The CWA program is based on Five Guiding Principles as seen on page 9.

'Without age' refers to CWA positioning aging in a positive context. CWA facilitates passengers to reintegrate with their community, the city & society without the constricting boundaries of age.

We all agree to follow the CWA Guiding Principles:



Generosity

Generosity: Cycling Without Age is based on generosity and kindness. It starts with the obvious generous act of taking one or two elderly or less-abled people out on a bike ride. It's a simple act that everyone can do.

All our volunteers give freely of their time and try and make every outing a "special" outing. Enjoying the fresh air and experiencing new places has a positive effect on our passengers.



Slowness

Slowness: Slowness allows you to sense the environment, be present in the moment and it allows people you meet along the way to be curious and gain knowledge about Cycling Without Age because you make time to stop and talk.

Normal life can be frenetic and fast. Pilots slow down so our passengers have time to enjoy the ride and engage with other park users. Sometimes we share a coffee stop and even more conversation.



Storytelling

Storytelling: Older adults have so many stories that will be forgotten if we don't reach out and listen to them. We tell stories, we listen to stories on the bike and we also document the stories when we share them via word of mouth or on social media.

Conversation happens on all our rides. Our pilots focus on the journey, not the destination. All our passengers have experienced interesting and varied life journeys. As pilots we listen and engage with our passengers.



Relationships

Relationships: Cycling Without Age is about creating a multitude of new relationships: between generations, among older adults, between pilots and passengers, care home employees and family members. Relationships build trust, happiness and quality of life.

We learn from the people who have walked the path before us. Pilots enjoy the wisdom and knowledge imparted by their passengers when riding.



Without Age

Without Age: Life unfolds at all ages, young and old, and can be thrilling, fun, sad, beautiful and meaningful. Cycling Without Age is about letting people age in a positive context – fully aware of the opportunities that lie ahead when interacting in their local community.

Our Volunteer Pilots give our passengers 'the right wind in their hair'.

OUR IMPACT, BENEFITS & OUTCOMES ON PASSENGER HEALTH

Observations & feedback from our passengers' ride experiences have been:

- freedom & fresh air, getting outside, experiencing the weather, & being engaged with nature.
- chatting & waving from social interaction experienced with people encountered or passed by.
- Relaxation, emphasizing the change in our passengers' demeanour.

Observation feedback from the care homes we service, include reduced loneliness & isolation, improved conversation & activity participation as well as decreased depression & less aggressive behaviours & anxiety

Keryn, Clinical Nurse Manager, from Greendale Residential Care writes:

"Our residents look forward to their weekly bike ride which they thoroughly enjoy. We have noticed the benefits as residents are able to get out in the fresh air & meet people & their furry friends, have a chat & feel part of the community while out & about. They come back content, & talk of their rides with animation at meal times, to staff & visitors. We would love to see their service grow to offer more than 1 day a week to us."

The triobike seat design encourages a connection between passengers & pilot. The recollection of memories often sparks conversation, promoting closeness & positive social relationships. This contributes to improved happiness while they enjoy the freedom associated with a bike ride, but without the physical exertion.

Our rides remind older adults of why they loved biking before they had to stop whenever that might have been and it puts aging in a positive light.

Even if older adults can no longer pedal a bike, they may still find pleasure & experience all the psychological benefits from participating in the ride.

Consequently, the interactions between passengers, pilots & our Napier community brings about our passengers feeling valued, relevant & included

Our observations above, mirror the CWA Report in 2020 produced by The Ageing Lab at Heriot-Watt University in Edinburgh, Scotland,

This Report measured their observed benefits & linked findings directly to mental health. They correlated them to mood & well-being changes when comparing no rides days & ride days.

The "mood scale" measured feelings of pleasure, tension/stress & levels of energy. The "wellbeing scale" provided an overall score for wellbeing.

Their findings, shown in this table demonstrate how stress levels plummet on days when there is a bike ride, as well as how moods are lifted on the days of bike rides & in anticipation.

		No ride day	Ride day
Mood	Pleasure	-0.1	+3.9
	Tension/stress	+1.0	-4.4
	Energy	+0.2	+3.7
Wellbeing		-0.1	+4.1

Comments from one of the care homes we service:

"After the rides, those who participate are alert & engage easily in the afternoon's activities. We are truly grateful to have this experience available to our residents for absolutely no fee"

CWA NAPIER TRISHAW RIDES OUTCOMES & BENEFITS



What is the Impact?

Community Connection, Inclusion, Fellowship, Relaxation, Smiles & Fun!

Every pedal stroke is filled with smiles, laughter & community reconnection. Our trishaws not only carry passengers but stories, emotions, & unforgettable moments are created.

This is what Neil Edmundson wrote about his Mum and her rides.....

"The work the Trust does enriching the lives of the elderly who are otherwise immobile & restricted in their ability to get out in the community is absolutely fantastic.

In her last six months my elderly mother was the recipient of their service.

"I can only reiterate that the work that this Trust is doing is providing major health & welfare benefits to all those who partake of their service".

The joy that the ride into the community & more importantly the interaction with the pilot so enriched her life & made her weekly meetings the highlight of her week."

WORDS FROM THE TREASURER, TRUSTEE LIZ BARRETT

We set out in 2022 to “Build Better Lives” providing our services in a meaningful & sustainable way. 2024 proved to be the most challenging & the most rewarding year since we began.

Our goal each year is to deliver more free rides for more passengers from more locations, stimulating improved health outcomes, promoting inclusion, conversation & the sense of freedom we all felt when we used to ride bikes.

So, how did we do? Alan mentioned we delivered 421 passenger rides this year, 66 more than 2023. However it is not only statistics that make the service worthwhile, but the health impact of each & every ride that performs the magic as we explore in pages 10 & 11. We thought however, you might like to learn more about what goes into the rides to achieve these benefits.

The rides only happen if we have lots of support from those who live & work in our community: donors, dedicated volunteers, funders & ‘in kind’ offerings. Although our amazing Trishaw pilots can be seen daily, out & about with their passengers, there is a lot of work behind the scenes, to keep those wheels turning.

While our rides are free for everyone to enjoy, they are not free to deliver.

Our graphic on the opposite page depicts what it takes to keep our trishaws running smoothly, the first of which is Grant writing & fundraising. This was the hardest task for us to initially complete as the CWA concept was not known in New Zealand.

We named this first Trishaw ‘Maggie’ in honour of our largest donor, & with Trustees’ donations & Eastern & Central Community Trust, we had just enough funds to get our first triobike, whew! Without sufficient funding for the first trishaw, CWA Napier would never have got off the ground.

Once funded, grant accountabilities, utilisation of funds & applying for new grants becomes a very important function for the Treasurer. That keeps me on my toes!

Since 2022, we have many sponsors, supporters & funders to thank for their assistance & encouragement over these past 3 years, helping us to grow & add to our fleet, so in this Annual Report we Spotlight them to say thanks, including also how they each assisted us along the way, to get to where we are today. We are deeply grateful to them all.

Booking coordination, communications & availability of trained volunteers are crucial to our ability to provide “our couch on wheels” service. To keep one trishaw busy for 5 days a week, requires a minimum of 10 pilots, if each volunteer gave 2 hours for a morning or afternoon per week. If it is only once a fortnight, or once a month, the minimum number of volunteer pilots increases significantly.

So recruiting & training becomes critical to the scheduling of daily rides, from different passenger locations at their desired times with the availability of our pilots, not forgetting to be sure a triobike is available too! That’s a real challenge!

To meet this challenge, the projects undertaken in 2024, focussed on recruiting more pilots & to bring effective efficiencies into the “back office” of the Trust.

WHAT GOES INTO OUR RIDES?

Grant Writing & Fundraising

Utilizing funds, reporting accountabilities & managing projected outcomes

Communications & Marketing our Services & Events

Social media, radio, events, newspapers & graphic design

Volunteer Recruitment

Our volunteers are at our core & maintaining good relationships with our team is vital

Good Governance

Polices, Procedures, oversight, donation & operational compliance

Booking Coordination

Scheduling daily rides from different locations for our passengers, their carers & our pilots

CWA Enjoyment Index & Pleasure Measures Data Collection

Critical for measuring our impact & effectiveness

Trishaw Maintenance & Storage

Keeping our Trishaws in tip top shape, arranging safe storage options within close proximity of our routes to ensure timely service

Accounting & Administration

Including risk assessment, Public liability Insurances website development& updating, reporting, & correspondence

Relationship Building

Aged Care homes, carers, volunteers & stakeholders

Sponsorship

Sponsors new & existing, local council & government



..and the
OUTCOME is..
**Community
Connection,
Inclusion,
Fellowship,
Smiles & Fun!**



**CYCLING
WITHOUT AGE
NAPIER**



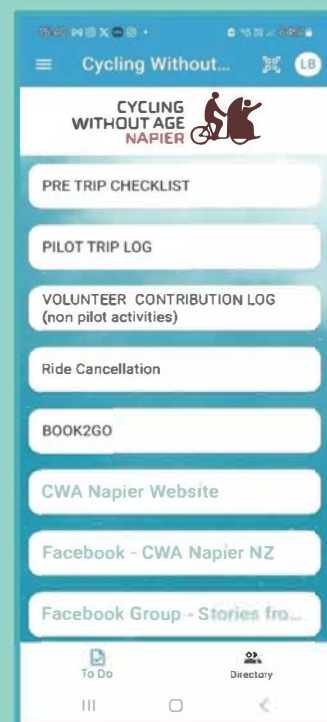
Data collection

is vital for measuring our effectiveness & delivering reporting requirements. At the beginning our paper system was manageable, but as the number of our passengers, pilots & trishaw rides grew, this became challenging. We were very glad the new database was implemented by February.

Perhaps the most important aspect of the database was also the creation of a mobile app to give our pilots easy reporting of pre-trip checklists (ensuring the trishaws are checked thoroughly each time before the ride), as well as recording their trip log information. The app also provides direct access to our booking system Book2Go.

BOOK2GO schedules the daily rides & events available at each location for our passengers & pilots.

A wealth of information is now at our finger tips. The pilots have electronic reporting with immediate access to any information they need to keep them & their passengers safe. Our new database (thanks Infoodle) collects our data in an efficient way reducing paperwork to zero for all our volunteers & our back office.



Our second project in 2024 was to build a website.



Over the winter recess, when the weather is just too inclement for the elderly, we created our website with the help of Dion from GOBO. We knew this should be our next step so that people can book directly through the website & to help with our recruiting.

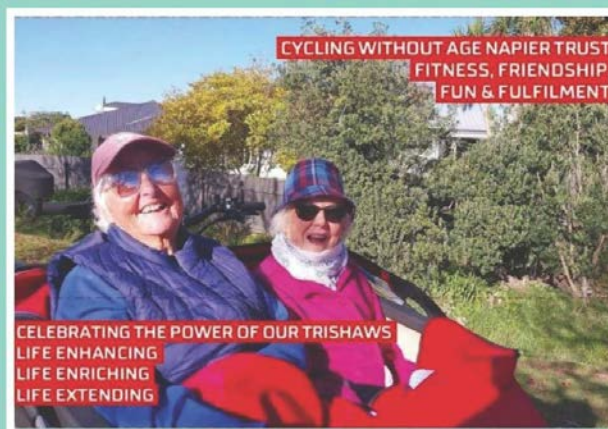
Up until this time, we used Facebook as our media output, & this medium still does serve us well. However we are acutely aware that the majority of our passengers are not Facebook users. Our goal was to build a website that was easy to read, easy for passengers to book rides & hopefully great, to attract new volunteers.

The website build also coincided with the expansion of our new 'events' activity. As mentioned before, we commenced a new key activity for Social Agencies. These events occur at the request of any group that has members that they feel will benefit from the rides. In 2024 we held 3 of these events & at the time of writing this report we have held 3 more in the first 3 months of 2025 & more are scheduled in May.

The advent of these group functions also spurred us into action to apply for a grant to purchase a marquee, large enough to offer shelter to these event passengers. Special thanks to Pub Charity for funding the purchase & branding of the marquee.

We also wanted the marquee to illustrate what we are all about, thus creating our third project for the year – that of branding the marquee & having photos all complete & ready for the release of the new website.

What fun we had, determining how we would get our message across on the marquee canvas. Finally in late August it was done & with permission from our passengers, we feature them on the external walls, so that passersby can be well informed.



www.cwanapier.nz

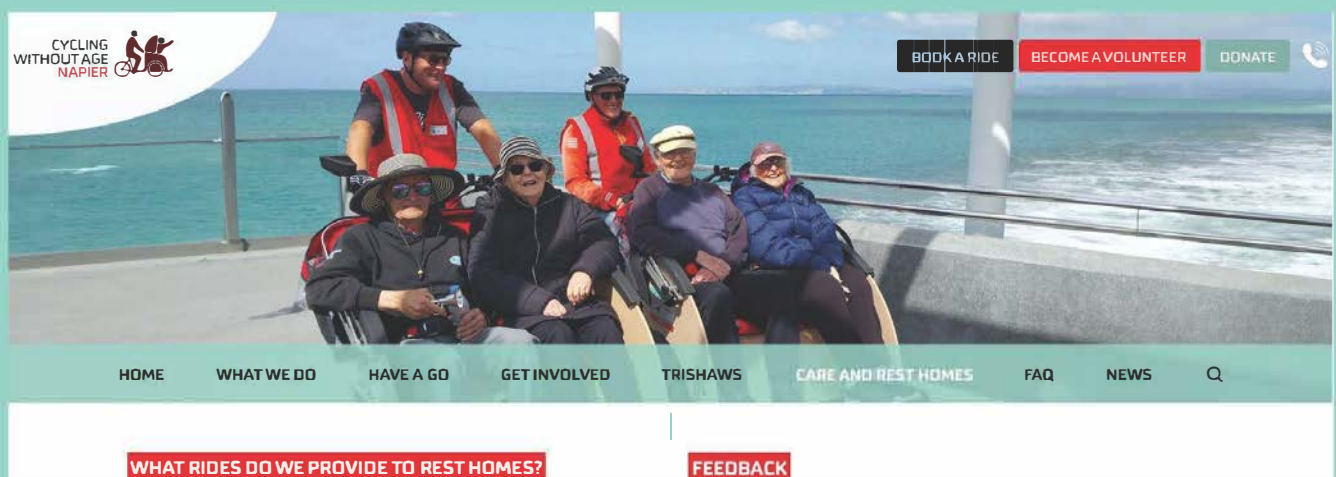
Our website was completed in October & is proving very valuable. Thank you Hawke's Bay Foundation for funding these development costs.

Now passengers can apply & book directly on our "Have a Go" page with loads of information to hand.



Our rides are "door to door". We go to them, picking up from a care home, or from an independent passenger's home. The routes are specifically designed for each location keeping health and safety, plus enjoyment of course, in mind. We can also 'travel' with our passengers should they move to new accommodation such as leaving Mission View Masonic Village to become a resident of Taradale Masonic Care & Rest home, as an example.

The website includes a Care and Rest Home page that provides information for any new Rest Homes that might want to join our program.



In addition, we have a Volunteer centric 'Get involved' page which gives information for prospective volunteers & others who might prefer to sponsor or donate to the Trust.

Lesley, Registered Diversional Therapist writes

"At Greendale Residential Care, many of our residents never dreamed they would be able to "ride a bike" at this stage of their lives and have found it a wonderful uplifting mental experience. The bike rides have become a regular weekly occasion when they spend one-on-one time on the bike in a safe, exhilarating, fresh air ride and return with beams of joy.

It has been wonderful to see their enthusiasm and eagerness to be passengers. The benefits of regular rides have had such a positive impact on the Greendale residents' wellbeing that we have asked for this service to be extended to our second Experioncare rest home in Napier, Bardowie".

And now, to the Trust's financial wellbeing.

We give our continuing thanks to all our supporters, funders & donors. We hope the illustration on the next page makes our financials easy reading.

All activities of the Trust are completed by volunteers and as the trishaws are stored privately and the Trustees perform all the administrative, financial & coordination work pro bono, CWA Napier has no overheads.

We do recruit all year but until we can increase our pilot numbers, this may not be the best use for these funds. It would be, if we are able to recruit more volunteers as pilots. As Alan mentioned in his Chair comments:

"If you feel you would like the opportunity to try it out, I encourage you to give me a call & give it a go."

THE FUTURE

In 2025, we may consider the purchase of a vehicle large enough to transport our trishaws from their storage spots in Taradale & Onekawa to Marine Parade & other new riding locations.

Riding the trishaws down to Marine Parade not only drains the batteries (we always carry a second one on each), but it is not the best use of our volunteers' time either

For our latest Marine Parade event (in 2025), we partnered with Trade Towage, a local towing company, who used their large car trailer to transport the trishaws to Marine Parade & back again. Not only was it faster, but the ride saved wear & tear on the trishaws & kept our wonderful pilots fresh & ready to devote their energies to their passengers. Thank you Trade Towage for donating your time, vehicle and manpower to assist us.

If we were able to have an enclosed vehicle large enough to do similar transporting, then we could go places we can't service currently due to distance restrictions.

However, the cost of such a vehicle would probably be more than we currently have. In the past, storage of such a vehicle has also been an obstacle to the purchase, even if we had sufficient funds. However, our towing partner has also kindly offered to store any vehicle we might acquire, in their security compound, thanks again Trade Towage.

This has put a whole new light on how we might extend our services in the central Napier area.

Liz Barrett
Cycling Without Age Napier Trust Treasurer

At year end, we have \$32,822 cash on hand, more than sufficient to purchase another trishaw.

However, as I have noted before, we currently have 20 pilots, 6 of whom are in training. This reveals that we do not yet have enough pilots to keep our existing trishaws fully booked every weekday.



We are looking for a sponsor who would like to be involved in our future & who could help us consider the options in 2025 & potentially provide some funding to put it into operation.

OUR ASSETS, INCOME & OPERATIONAL COSTS 2024



If you would like to contact us because you are thinking you would like to become:

- › One of our pilots or a companion rider
- › Our social media guru
- › Our creative Sponsor

Then please contact us:

Email: cwa.napiernz@gmail.com.
Charity Commission Number : CC 59805
Website: www.cwanapier.nz
Address: CWA Napier Trust

Phone: Alan: 0274 302 702, Liz: 027 244 2576
IRD Number: 135-407-895
Facebook [/www.facebook.com/cwa.napiernz](https://www.facebook.com/cwa.napiernz)
4 Rutland Place, Taradale, Napier 4112

Spotlight on Our Funders, Donors & Community Partners

You have enabled us to achieve amazing 'pleasure measures' in 2024 of

421 passengers, over 2807 kilometres

Total rides 2022-2024: 902 passengers over 5894 kms

Thanks

**Eastern
& Central**
Community Trust

Eastern & Central Community Trust for assistance with funding our first Triobike – **Maggie**, & then continuing to support us to obtain our second Triobike **Nola**



The Lion Foundation for contributing to towards the purchase of **Nola**



Higgins Bequest Trust for contributing towards the cost of **Nola** & funding our new **Hi-Viz vests** which help keep our pilots & passengers safe.



Lottery Grants Board
Te Puna Tahua
LOTTO FUNDS FOR YOUR COMMUNITY

Lottery Grants Board For contributing towards the purchase cost of **Joy**, our new wheelchair carrying bike in 2024.

Rotary
Greenmeadows



Rotary Greenmeadows For also contributing towards the cost of **Joy**, ongoing member donations in 2024, as well as a pool of volunteer pilots, we hope in the future.



**HAWKE'S BAY
FOUNDATION**

Hawke's Bay Foundation For also contributing towards the cost of **Joy** & for fully funding our newly created **CWA Napier website**: www.cwanapier.nz Now passengers can apply & book directly on our "Have a Go" page which also has our Volunteer centric page "Get Involved" providing specific info on our to volunteer, how to sponsor or donate to the Trust.

The most powerful testimony for our service is in the words of our passengers...

"It is just so nice to be IN the neighbourhood, looking at everything up close."



Pub Charity

for **majorly** contributing towards the purchases of **Nola, Joy, &** towards our wonderful new **marquee** this year.



Napier Host Lions Club

- New Zealand

Napier Host Lions

for contributing towards our new **marquee** which provides excellent shelter to our passengers on our event days.



Napier City Council

for funding **19 First Aid courses** provided to our pilots over the past **2 years** & for contributions towards ongoing operating costs of public liability insurance & database hosting costs.



Live life **ONE STEP AHEAD**

ASB for choosing CWA Napier as one of their local Charities to be

supported in 2024. **Their grant is helping to support the vital work we do in the Napier community.**



Electrify Hawkes Bay & My Ride Taradale.

The safety & reliability of our trishaws are due to your experience & support for our cause. **Every dollar we spend with you ensures we provide safe rides to our passengers.**



True North Supply Chains

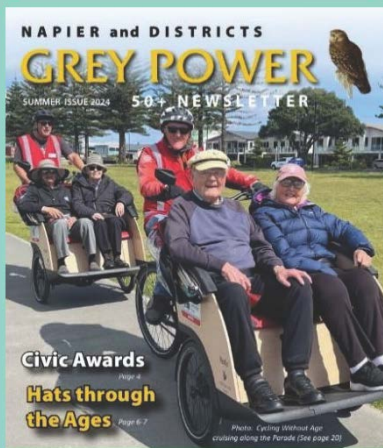
for finding us on Facebook & donating a cargo bike to us, now named "**Carrie**".



Wilsigns

for gifting their exceptional **signwriting work** they have done for us, on both triobikes & most recently on **Carrie**, our cargo bike.





Grey Power , Napier and Districts,
for hosting us & our triobike Maggie in the September monthly
meeting & for **featuring us on the front cover** (for the second time)
of the Napier & Districts Quarterly Summer Newsletter issue.

This publicity & exposure is vital for more people to learn of our
services as we strive to keep our seniors socially relevant within their
community.



Coffee News
for continuing to include our '**Cyclists wanted**'
advertisement pro bono 'month after month after
month' in 2024.



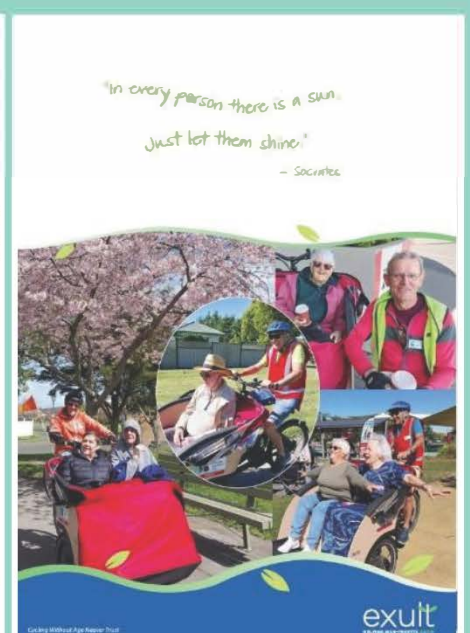
Radio Hawkes Bay
for their confidence & encouragement for us to record & for
sponsoring our podcasts in 2023



Easy Print (HB) Ltd
for offering their **graphic design
expertise** to update our information
& marketing brochure in 2024.



Exult for promoting CWA Napier
on the covers of their
**August 2024 Quarterly
Tonic Magazine**



We are stronger together.
We really are stronger together.
We are only as strong as the people who support us.

Annual Performance Report

Our name CYCLING WITHOUT AGE NAPIER TRUST (CWA Napier)

For the year ended 31 December 2024

Entity information

Our Legal name CYCLING WITHOUT AGE NAPIER TRUST

We are a Charitable Trust & Registered Charity CC59805

Statement of Service Performance

Our 'Wind in Your Hair' Pleasure Measures:

Our Key Activities

CWA Napier Trishaw Enjoyment Indices

	Current year	Last year	
	2024	2023	
Passenger rides with smiles	421	355	up to an hour duration
"Wind in your hair" trishaw kilometres	2807	2282	enjoyment & re-connection
Our Volunteer Pilot Crew of	20	15	are priceless
Hours given to our Napier community	2066	1670	with great care & commitment
Trishaws operating in the year	3	2	Maggie, Nola & Joy
Care & Retirement Homes Serviced	6	5	70+ residents enjoying ride days
Social Service Agency Events	3	0	commenced Sept 2024

Our results reflect factors within our control: successful fund raising to enable us to purchase a marquee, build a website, implement a database & mobile app for our pilots & still have sufficient for either a new triobike or towards a transport vehicle for the triobikes. We are also very pleased to add to our "top gun" crew of volunteer Pilots.

Our results also reflect those factors outside our control such as having some of the hottest temperatures ever, resulting in being too hot for passengers outside.

Using our rear view mirror to look back at non ride days & despite having a winter recess, we still had 53 days cancelled for causes relating to weather & illness. The result of which meant there were 21 foregone rides affecting 102 passengers.

Notwithstanding the weather conditions, continuing covid infections in our Care homes & the fragility of our passengers impacting their participation, we are very pleased to have achieved 421 passenger rides of service throughout 2024.

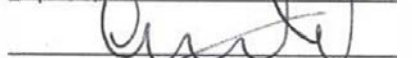
Just imagine what CWA Napier will be able to do when the weather allows!

This performance report has been approved by Cycling Without Age Trustees:

Date

14 APRIL 2024

Signature



Name

Alan White

Position

Chair

Date

14 April 2024

Signature



Name

Elizabeth Barrett

Position

Treasurer and Secretary

Annual Performance Report

Our name **CYCLING WITHOUT AGE NAPIER TRUST (CWA Napier)**

For the year ended **31 December 2024**

Statement of cash received and cash paid

	Note	Current year \$	Last year \$
Opening balance in bank account(s) - at the start of the financial year		13,956	2,134
Plus cash received from operating activities			
Donations, koha, bequests and other fundraising	2	28,433	14,479
General grants received		11,362	48,500
Sale of services		-	1,000
Interest or dividends received		1,016	180
Other cash received		-	60
Total		40,811	64,219
Less cash paid for operating activities			
Volunteer related costs		947	1,476
Purchase of Trishaws, trishaw accessories and other operating assets	3	12,808	46,347
Other costs related to delivery of Trishaw rides		8,190	4,574
Total		21,945	52,397
Total GST paid or refunded in the financial year		-	-
Cash surplus or (deficit) from operating activities		18,866	11,822
Cash surplus or (deficit) from other activities			
Income tax paid or refunded (if applicable)		-	-
Increase/ (decrease) in cash		18,866	11,822
Closing balance in bank account(s) - at the end of the financial year		32,822	13,956
Represented by:			
Closing balance of bank account(s)		32,822	13,956
Balance invested in term deposit(s)		-	-
Cash on hand		-	-
Total cash balances held		32,822	13,956



Annual Performance Report

Our name **CYCLING WITHOUT AGE NAPIER TRUST (CWA Napier)**

For the year ended **31 December 2024**

Note 1 - Accounting policies

Basis of preparation

This performance report is prepared in accordance with the XRB's Tier 4 (NFP) Standard. The entity is permitted by law to apply this standard and has elected to do so. All transactions included in the Statement of Cash Received and Cash Paid and related notes to the Performance Report have been reported on a cash basis.

Treatment of GST

All amounts are recorded on a GST inclusive basis

Note 2 - Analysis of cash received from operating activities

Category	Analysis	Current year \$	Last year \$
Donations, koha, bequests and other fundraising	Donations	28,433	14,479
	Total	28,433	14,479
Category	Analysis	Current year	Last year
General grants received	Pub Charity	4,612	20,000
	Lotteries Hawkes Bay Community	-	7,000
	Eastern & Central Vcommunity Trust	-	5,500
	Lions Foundation	-	5,000
	Higgins Bequest Trust	-	4,000
	Napier City Council Community Service Grant	2,750	3,000
	Greenmeadows Rotary Club	2,000	2,000
	Hawkes Bay Foundation	2,000	2,000
	Total	11,362	48,500
Category	Analysis	Current year	Last year
Sale of services	Training of other Cycling Without Age NZ Chapter pilots	-	1,000
	Total	-	1,000



Note 3 - Analysis of cash paid for operating activities

Category	Analysis	Current year \$	Last year \$
Volunteer related costs	Red Cross First Aid Courses	350	1,175
	Pilot Badges	182	202
	Subscription	99	99
	Hi Viz Pilot Vests	316	-
	Total	947	1,476
Category	Analysis	Current year	Last year
Purchase of Trishaws, trishaw accessories and other operating assets	Triobike Nola in prior year	-	19,687
	Joy, wheelchair bike import duties & GST in 2024	3,417	25,105
	Triobike Safety accessories	100	600
	Triobike Blanket	-	475
	Wind Blades	293	480
	Marquee and accessories	5,878	-
	Website Development and ongoing Domain costs	2,478	-
	Triobike Window and 2 stabilisers	642	-
	Total	12,808	46,347
Category	Analysis	Current year	Last year
Other costs related to delivery of Trishaw rides	Public Liability Insurance	1,489	1,455
	Damage/Loss Insurance (2024 - 3 trishaws, 2023 - 2 trishaws)	4,294	2,189
	Informational Brochures	1,058	321
	Trishaw Service and Maintenance costs	737	375
	Infodile Database	511	-
	Other	101	234
	Total	8,190	4,574

Note 4 - Analysis of cash received from other activities

NIL (Last year - Nil)

Note 5 - Analysis of cash paid for other activities

NIL (Last year - Nil)

Note 6 - Significant assets valued at cost.

	Current year \$	Last year \$
Description of assets		
3 Trishaws and 1 Cargo bike	70,497	67,080
Marquee	5,878	-
Trishaw equipment and safety accessories	2,590	1,555
CWA Napier Website	2,478	-
Total	81,443	68,635

Note 7 - Significant liabilities

There are none (last year - Nil)

Note 8 - Related Party Transactions

There were no transactions involving related parties during the financial year. (Last year - Nil)

Note 9 - Correction of Errors

None